

Our Classes...

Placement in our pre-school combo classes is based on age...placement in our grade level classes is based on experience and ability. Please check the schedule for prerequisites. Once a child is 10 most classes are one style.

Go to "Schedules" to see class days and times.

COMBO CLASS Students age 2 1/2 must be potty trained to start dance classes. Children are introduced to 2 or 3 styles of dance (Ballet, Jazz, Tap) in a fun, nurturing yet structured class. Ages 2 1/2 ~ 9 yrs

BALLET TECHNIQUE Through traditional barre and center work, the student will learn the basics of ballet. The more advanced students will focus on developing the technique through turns, jumps and combinations. Pointe is offered upon recommendation. Some Ballet classes have prerequisites. Ages 8 ~ Adult

ACRO Combining dance and tumbling, this class teaches balance, agility, and flexibility. Ages 8 & up

CHEER DANCE A fun and exciting class, non-competitive, geared toward improving their cheerleading, sport, or dance. Combining hip hop, jazz and some tumbling set to high energy music, formations and patterns along with team spirit will be the focus. Ages 6 ~ 10 yrs

CONTEMPORARY A choreography based class where students explore modern style movement; improvisation, floor work, partnering interpreting the choreographer's vision and story. Some classes have prerequisites. Ages 13 & up.

HIP HOP This high energy class teaches a variety of street style moves primarily performed to hip hop music or that have evolved as part of hip hop culture. Great for all levels ages 5 yrs ~ Adult

JAZZ Jazz technique is learned through a warm-up, across the floor work, and combinations. Various styles of jazz are explored. Some classes have prerequisites. Combined for younger ages or 9 & up

LYRICAL This class combines stretching, center and across the floor strengthening work. The dance combinations focus primarily on a ballet based lyrical style. Ages 8 ~ 13 yrs

MODERN Various styles of modern dance techniques are explored and developed in this class. Ages 10 ~ 13 yrs

MUSICAL THEATRE Acting and dancing talents are brought together in this class focusing primarily on jazz dance and performing techniques. Ages 7 ~ 10 yrs

TAP Students will focus on building strong basic tap skills and incorporating them into across the floor work and combinations. Rhythm and Broadway tap progressions will be explored. Combined for younger ages or 7 & up

THEATRE JAZZ Traditional jazz technique is explored. Broadway style interpretations and repertoire is the choreographer's focus. This class exposes students to classic Broadway plays and shows. Ages 10 ~ 18 yrs

ZUMBA Aerobic dancing incorporating Latin dance styles; Cha Cha, Samba, Meringue, etc. as well as Hip Hop for a fun, high energy cardio workout. Teen ~ Adult

